

# From The Tower



## Barony of Southron Gaard

March A.S. L

(2016 C.E.)



## Chronic Ramblings

Welcome to another From The Tower.

I would love to see your stuff in FTT – photographs\*, original artwork, reviews, articles, poems, recipes etc. Please send your contributions to the [chronicler@sg.lochac.sca.org](mailto:chronicler@sg.lochac.sca.org) email address by the 25<sup>th</sup> of each month.

Yours, in service to Southron Gaard,

**Eleanora**

\* Please ensure that you have permission to publish the photographs of anyone identifiable in your photos.

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#### Credits for this issue:

Cover Art: An Archer Shooting at Deer, about 1430 – 1440, Brittany, France. J. Paul Getty Museum Open Content Programme.  
<http://www.getty.edu/art/collection/objects/2205/unknown-maker-an-archer-shooting-at-deer-french-about-1430-1440/>

Page 8: Nalbinding mittens, photo, Beth Kent.



# Kingdom of Lochac



King & Queen: Steffan Glaube and Branwen verch Lewis ap Thomas

Please send award recommendations to [crown@lochac.sca.org](mailto:crown@lochac.sca.org) with a courtesy copy to [B&B@sg.lochac.sca.org](mailto:B&B@sg.lochac.sca.org)  
Additional information can be found on the Kingdom website: [www.lochac.sca.org](http://www.lochac.sca.org).

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## Their Excellencies Speak

Greetings all,

We are pleased to announce Our plans for an event schedule for the year. While this is but an expression of what we would like to see as a minimum, We will be more than pleased if others step forward to propose events that are not ones that we have suggested. Our intention is simply to provide a framework of event ideas that can be taken up and added by those enthusiastic stewards-to-be among the populace.

Over the coming months there will be a low-key tournament on Sunday the 6th of March. Their Majesties have expressed a desire that 3v3 melee tournaments be held, where practical, throughout the kingdom and while we expect that teams of 3 might limit the number of teams possible, we believe that a 2v2 melee tourney would be a lot of fun and remain in the spirit of Their Majesties' request.

In April We will be pleased to celebrate the Barony's 20th Anniversary, and the 50th year of the Society. Thanks to the tireless work of Mistress Katherine Kerr, we will have the chance to see the magnificent Known World Tapestry, as well as all the usual championships. More information, and booking information at <http://sg.lochac.sca.org/events/KWT/2050.htm>

While details have not been finalised we hope that a feast will be held later in May and then a series of indoor events over the winter months, including a Collegium and ideally another feast. We have heard that an event is being planned in Wildmoor and we look forward to that as well and encourage as many as possible from around the Barony to travel with Us to Our southern hamlet to join the festivities.

Interspersed among the more formal events We will be holding open days approximately every 6 weeks. These will be held at Our homes, alternating between Ginevra's residence in Spreydon and Richard's in Kaiapoi, to allow as many people as possible to attend. These will be totally informal, ungarbed, social activities to allow people to just come along, chat about projects, the SCA and life in general, share a pot-luck meal and maybe watch a video. We believe there is great value in these occasions and hope to see you there.

One thing we would like to see more at events is people staying to the end to help the stewards pack up and clean the site. There seems to have been a trend in recent years that the majority of people quit the event somewhat early, leaving the clean up to a small minority. The SCA is a volunteer society, so it is disappointing to Us that our volunteers are treated in this manner. We understand that people have other commitments and entirely proper reasons to depart before the scheduled closing time, however We ask that when that is required that you do your best to pack up your area as completely and unobtrusively as you can and check with the Steward before departing. Leaving a mess for others to clean up is not a courteous act.

In Service to the Crown,  
Richard and Ginevra

## From the Officers

### Arts and Sciences

For March - As my term as A&S officer draws to a close I find I have run most of the classes I was planning to do, so seeking fresh talent for the role of A&S officer, or some people to take classes, or some ideas...

- March 6 No session this day due to Baronial Event.
- March 13 BYO project and/or discuss plans for upcoming stuff, hopefully filled with motivation based on the event last week.
- March 20 We will have a class of some description this week, watch the lists for the topic. Maybe some music or dance?
- March 27 BYO project and finish off documentation / projects for BA.

Please consider being the next A&S officer for the group. New ideas are often a good thing, look what happened to the Mong!

## Vacancies

If you are interested in a role please review the job outline at

<http://sg.lochac.sca.org/docs/OfficerDescriptions.doc> Please note that all officers must be SCA members.

### Arts and Sciences

Excited about Arts and Sciences? Want to encourage more of it, or make it happen differently in the Barony? We're seeking a new A&S officer for the group to step up at Baronial Anniversary. Please feel free to discuss the role with Agnes, it doesn't actually involve running classes every week.

Applications close **March 13th**.

Email your application to: [artsandsciences@lochac.sca.org](mailto:artsandsciences@lochac.sca.org) with copies to [seneschal@sg.lochac.sca.org](mailto:seneschal@sg.lochac.sca.org) & [bandb@sg.lochac.sca.org](mailto:bandb@sg.lochac.sca.org).

### Knight Marshal

Lady Elena Sophia di Luciano de Medici's term as Knight Marshal is up at Baronial Anniversary and she would like applications ASAP. It is **not** required that you be an authorised marshal or combatant to be the group's Knight Marshal, see the marshal's handbook available from <http://www.sca.org.au/marshal/>.

Email your application to: [marshal@lochac.sca.org](mailto:marshal@lochac.sca.org) with copies to [seneschal@sg.lochac.sca.org](mailto:seneschal@sg.lochac.sca.org) & [bandb@sg.lochac.sca.org](mailto:bandb@sg.lochac.sca.org).

## Chirurgien

Have you got a First Aid Certificate? Do you want to be the new Chirurgien?

Email your application to: [chirurgien@lochac.sca.org](mailto:chirurgien@lochac.sca.org) with copies to [seneschal@sg.lochac.sca.org](mailto:seneschal@sg.lochac.sca.org) & [bandb@sg.lochac.sca.org](mailto:bandb@sg.lochac.sca.org).



Pas d'Armes, Canterbury Faire, 1998. How many of the visible combatants can you correctly name?



# **Celebrate Southron Gaard's 20th Baronial Anniversary and The AS50 Known World Tapestry Tour**

Friday April 8: 6-10pm

a casual ungarbed social gathering at the Hermitage  
74 Augusta St, park on the street, bring a plate/BYOB

Saturday April 9, from 10am

Baronial Championships at the Bromley Community Centre  
45 Bromley Rd, followed by an entertaining Ramblers'  
Repast of hearty fare in a village atmosphere

Sunday April 10, from 10am

Arts & Sciences - classes, AS50 displays, tours of the  
Tapestry by its creator  
ending with a public viewing 2-5pm (invite your friends!)

Full Event (inc Repast): \$35 (adult) \$15 (child, 12 and under)  
Other booking options available

Check for further information and booking details at:  
<http://sg.lochac.sca.org/events/KWT/2050.htm>

Offers of help to Mistress katherine kerr: [vicki@webcentre.co.nz](mailto:vicki@webcentre.co.nz)

# Target Archery

## ***Bjorn Svartsson, captain of archers***

The Baronial Archery Championship is coming up and tends to be one of the most contested of the Baronial Championships, so now would be a good time to review the rules we use, check out your equipment and be ready to step up to the mark.

The primary requirement for all archery is that it be safe -- safe for archers, safe for marshals, safe for spectators and safe for passers-by. This means we need to set up the range safely with clear sight lines and markings for the safety zone that extend out from it. It's particularly important in public areas to provide such markings -- especially if there are paths crossing the range! If you spot something you think is dangerous, talk to the Target Archery Marshal (TAM) in charge or cry "hold". Better to be safe than extremely sorry...

Spectators can help by keeping a watch out for anyone nearing the safety zone. In general, if you're watching, keep still and quiet -- please don't distract the archers or the TAM. You should be at least five metres behind the line, not standing next to and chatting to your friend while they are shooting. TAMs and people assisting inexperienced archers should be the only non-shooters at the line. (Let the TAM know if you're new to archery or unsure about what you're doing - they are there to help.)

Archers should take plenty of room on the line to allow everyone space to shoot comfortably. Check with the shoot TAM whether you should be straddling the line or behind it for shooting (that can vary from shoot to shoot, but in fairness everyone should follow the same approach for the duration of each shoot).

Don't nock an arrow when anyone is in front of the shooting line - take the line and wait for the call to come from the shoot TAM before nocking and then drawing, or cocking and firing a crossbow.

As with other combat, if you hear a "hold" called, that means stop whatever you are doing, stop it right now, until the shoot TAM says all is good to go. Don't second-guess a "hold" -- you might not have seen the dog charging towards the range or the kid that has run past the targets or the person who is obviously waving a loaded crossbow around. When you hear "hold", make sure your bow and crossbow are safely disarmed and wait.

Wait for the TAM to give the all-clear that firing has ceased across the line before you move forward to collect arrows. Watch out for arrows on the ground, and ensure no-one is behind you when pulling arrows from the target. Tell the TAM if you have to walk further downrange to collect over-shoots -- get their attention if you have to duck down behind targets!

We want everyone participating in archery to have a good time, but you do have to remember that this sport does have safety requirements to protect you and everyone around you. Being familiar with the rules is a good start -- whether you're a TAM with years of shooting or stepping up to the line for the first time.

## Some Brief Notes on Early Nal-Binding.

*By ginevra di serafino visconti*

Nalbinding is the earliest way that we've found of constructing fabric with a single needle and a length of thread. While popularised by the Vikings, there are finds from 2000 BC, from places as far apart as the Tarim Basin in China to the Andes Mountains.

The earliest stitches are simpler than the later ones - Buttonhole stitch (which is still worked exactly the same way today), and a variant called Tarim, Coptic or Mesh Stitch, which is the one most widely found measuring by either date, or location. Tarim stitch makes a fabric that looks very similar to knitting, and is frequently confused with it. There are differences in the appearance of the increases and decreases between the two, but in a sample without those guides, I think the only way you could tell them apart would be by unpicking, which is often not possible.

Tarim stitch is, I think, one of the easier stitches to learn, and to make garments such as socks, mittens and hats from. If you're interested in learning more, I found the links below useful, and am happy to talk about, or teach, this style of Nalbinding at almost any event I'm at.



- <http://www.en.neulakintaat.fi/17>
- <http://www.alixtiberiga.com/>
- <http://valasnalbinding.blogspot.co.nz/>
- <http://www.regia.org/research/life/naalbind.htm>
- [http://www.shelaghlewins.com/reenactment/naalbinding/sock\\_construction.htm](http://www.shelaghlewins.com/reenactment/naalbinding/sock_construction.htm)
- [https://closeknitmanchester.files.wordpress.com/2012/02/sock\\_pattern2-1.pdf](https://closeknitmanchester.files.wordpress.com/2012/02/sock_pattern2-1.pdf)
- <http://heron-media.com/karen/Walk%20Like%20an%20Egyptian.pdf>
- <http://ancientegyptiansock.blogspot.co.nz/>
- <https://ladyvirag.wordpress.com/felt-items-throughout-history-project-the-tarim-river-basin-mummies/>



**Minutes for Southron Gaard Council Meeting 6/1/2016**

Meeting opened 7:39

Present: Richard (Richard), Niamh (Elena), Miriam (Isabel Maria), James (James), Robyn (Agnes), Beth (Ginevra), Sandra (Aveline), Carl (Oswyn).

Minutes from previous meeting: Seconded: Niamh. Accepted with no objections.

***Officer Reports:***

B and B: Lots of correspondence with populace, Crown, Heirs, B and B Ildhafn re Faire. Oswyn attended war practice and gate meeting and casual fencing "play date". Isabel Maria attended Golden Flight and Games Day. Oswyn working on large painting. Isabel Maria completing maintenance. Thanks to all that have assisted them during their tenure, including those that have helped make a Kingdom event happen.

Seneschal: Confirmed new seneschal (Max) to step up at CF. Tent expected to arrive. Poles picked up and largely made. Pegs purchased. Pins and sleeves for poles being handled by Sigurd. Rope also being ordered for guys ropes (workshop at A&S meeting). Should be picked up on Friday.

Herald: Many emails re CF courts and site herald roster.

Marshal: Discussion with Philippe re war at Faire and tourneys. Haven't as yet arranged a trailer for carting stuff to the warfield.

Captain of Archers: Bjorn bringing stuff to CF.

A&S: Much correspondence re organising A&S schedule at Faire.

Quartermaster: Has taken out gear to CF site container. Miriam is purchasing additional serving gear for the CF feast

Constable: No report

Webwright: Site updates for CF. Spam-free mailing list.

Chronicler: No report

Reeve: Funds in for CF and Wildmoor Chocolate sale. Money out for baronial tents, Wildmoor Chocolate sale, and Golden Flight. Balances ~\$47000.

Rapier: Attended a couple of practices and Oswyn's play date. Break over Xmas/New Year. Sir Philippe has started attending practices. Sorting stuff out for Faire.

Chirurgion: No report. Currently stepping down. A couple of expressions of interest, but no applications.

***Event reports:***

Golden Flight: Prompted Ceallach for report. Waiting on stuff from Reeve. Reeve working on site fees and report with Ceallach. James to sort out with him after Faire.

Games Day: Happened. Few people there, some not in garb. Played some games. Will check with Chunegund to see if she wishes to send a report, but not expecting one as it was a free event.

Canterbury Faire: Working on transport issue to get pavilion and list field to site. Few hurdles re tournaments. Working on roses for Rose Tourney on Sunday (unexpected expense). Serving equipment is being purchased online. Should arrive in time. \$105 total. Miriam will get advance for float for gate, shuttle and tallage. Finalising purchase of solar lamps for stairs. Food plan in hand. Niamh will be on site more than anticipated. Camp site map updated and on CF website. Will be printed and laminated for gate. Bunkroom allocations are largely done and people with special requests have been accommodated and contacted. Mattress plan is organised. Staying at the end of the event – will need to talk to Ross or William at some point during the event at the office. No indication of the price beyond “standard rates”. Will be camping only. Washing machines – upstairs can be used for tea towels only. Downstairs will be paid. Are negotiating an arrangement for \$100 and they will supply coins for us to use. Very awkward. Have permanent campers on site which will take advantage of free washing if we let them. Hire tents will be available from Thursday.

Baronial Anniversary: ad sent (sans prices). Katherine hoping to get a bit more in donations. More ads to come out after CF.

July event (Raffe): nothing concrete so far

Ginevra and Richard working on event schedule we would like to find stewards for, including possible tourney between CF and Anniversary. May have a volunteer for that. No cost, probably Redwood park.

### **General Business**

None

*Meeting Closed: 8:09 pm*

# March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6 A&S Heavy Combat Rapier Archery	7	8	9 Council Meeting	10	11	12
13 A&S Heavy Combat Rapier Archery	14	15	16	17	18	19
20 A&S Heavy Combat Rapier Archery	21	22	23 20 <sup>th</sup> Baronial Anniversary (actual date – not event)	24	25 FTT deadline	26
27 A&S Heavy Combat Rapier Archery	28	29	30	31		

## MARTIAL PRACTICES

### Armoured Combat

**Sundays** 10am–noon at Redwood Scout Hall.

**Thursdays** 6-8pm in the park at the end of Jasmine Place, Wigram

### Rapier

**Sundays** from noon at Redwood Scout Hall.

### Archery

**Fine Sundays** at Northcote School grounds, meet at Redwood Scout Hall.

Email: [archers@sg.lochac.sca.org](mailto:archers@sg.lochac.sca.org)

## ARTS GATHERINGS

### Arts & Sciences

**Sundays** from 11:00am at Redwood Scout Hall.

Topics or projects to be announced on SG list and Facebook.

### Wildmoor

Wildmoor Arts and Sciences meetings stopped for summer holidays.

### UCMRS Dance

**Mondays** 7pm -8:30pm in KF08. Kirkwood Village.

## ORGANISATIONAL MEETING

### Council Meeting

**Second Wednesday** of the month, from 7:30pm.

Upper Riccarton Library, 71 Main South Road.

Or join online: details posted to the SG list

*All welcome*

# April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 A&S Heavy Combat Rapier Archery	4	5	6	7	8 BA & tapestry tour	9 BA & tapestry tour
10 BA & tapestry tour	11	12	13 Council Meeting	14	15	16
17 A&S Heavy Combat Rapier Archery	18	19	20	21	22	23
24 A&S Heavy Combat Rapier Archery	25 FTT deadline	26	27	28	29	30

## Southron Gaard Regnum

Being a list of the current Baronial Officers and their official email addresses.

<b>Baron &amp; Baroness:</b>	Richard d'Allier & Ginevra di Serafino Visconti	<a href="mailto:BandB@sg.lochac.sca.org">BandB@sg.lochac.sca.org</a>
<b>Seneschal:</b>	Maximilian von Monsterbrg	<a href="mailto:seneschal@sg.lochac.sca.org">seneschal@sg.lochac.sca.org</a>
<b>Tour d'Or Herald:</b>	Aveline Goupil	<a href="mailto:herald@sg.lochac.sca.org">herald@sg.lochac.sca.org</a>
<b>Reeve:</b>	James of Southron Gaard	<a href="mailto:reeve@sg.lochac.sca.org">reeve@sg.lochac.sca.org</a>
<b>Knight Marshal:</b>	Elena Sophia Luciano de Medici*	<a href="mailto:marshal@sg.lochac.sca.org">marshal@sg.lochac.sca.org</a>
<b>Arts &amp; Sciences:</b>	Agnes de kyrii*	<a href="mailto:arts@sg.lochac.sca.org">arts@sg.lochac.sca.org</a>
<b>Chronicler:</b>	Eleanora van den Bogaerde	<a href="mailto:chronicler@sg.lochac.sca.org">chronicler@sg.lochac.sca.org</a>
<b>Chatelaine:</b>	Phillipe de Tournay	<a href="mailto:chatelaine@sg.lochac.sca.org">chatelaine@sg.lochac.sca.org</a>
<b>Chirurgion</b>	Kotek Torzhokskoi *	<a href="mailto:chirurgion@sg.lochac.sca.org">chirurgion@sg.lochac.sca.org</a>
<b>Constable:</b>	Raffe de Massard	<a href="mailto:constable@sg.lochac.sca.org">constable@sg.lochac.sca.org</a>
<b>Crescents Officer</b>	Csperka	<a href="mailto:crescents@sg.lochac.sca.org">crescents@sg.lochac.sca.org</a>
<b>Librarian</b>	Melisande de Massard	<a href="mailto:library@sg.lochac.sca.org">library@sg.lochac.sca.org</a>
<b>Quartermaster:</b>	Raffe de Massard	<a href="mailto:quartermaster@sg.lochac.sca.org">quartermaster@sg.lochac.sca.org</a>
<b>Web scribe:</b>	Ginevra de Serafino Visconti	<a href="mailto:web@sg.lochac.sca.org">web@sg.lochac.sca.org</a>
<b>Captain of Archers:</b>	Bjorn Svartsson	<a href="mailto:archers@sg.lochac.sca.org">archers@sg.lochac.sca.org</a>
<b>Captain of Rapier:</b>	James of Southron Gaard	<a href="mailto:rapier@sg.lochac.sca.org">rapier@sg.lochac.sca.org</a>
<b>Lists Officer:</b>	Melisande de Massard	<a href="mailto:lists@sg.lochac.sca.org">lists@sg.lochac.sca.org</a>

\* Seeking replacement: see vacancies page for details.

**wilmoor hamlet: otago****nelson hamlet**

Fiora Vespucci (mundanely Fiona) HeraldRadish@gmail.com

**SCA (NZ) Inc. Membership**

There are two different types of membership available to event participants in New Zealand:

**Subscribing Membership:**

Grants full rights of participation in the SCA (including voting, entering Crown Tournaments, holding office and affiliate membership with overseas branches).

Subscribing membership also includes a subscription to Pegasus, the Lochac Kingdom Newsletter in either electronic or paper form.

1 Year with E-Pegasus	\$ 15.00
3 Years with E-Pegasus	\$ 30.00
1 Year with Pegasus	\$ 45.00
3 years with Pegasus	\$105.00

**Event Membership:**

For all non-members aged 18 years or over attending an event.

Event membership lasts for the duration of that event only and is not sufficient to hold office or fight in Crown Tournament etc.

If the event has a cost, and it is not held by a College, the levy will be charged.

Per event	\$ 2.00
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A SCA(NZ) Inc. membership form is included on the final page of this newsletter, or can be accessed on the SCA(NZ) website.

For further information visit the official SCA(NZ) Inc. website at:

**[www.sca.org.nz](http://www.sca.org.nz)**

**Other SCANZ Groups**

(see websites for more details)

**WELLINGTON****Shire of Darton**

<http://darton.lochac.sca.org>

**AUCKLAND****Barony of Ildhafn**

<http://ildhafn.lochac.sca.org>

**HAMILTON****Canton of Cluain**

<http://cluain.lochac.sca.org>



## Society for Creative Anachronism (New Zealand) Inc. Membership application

If you prefer, you can use the online membership form linked from <http://sca.org.nz/membership.php>

New Membership     Renewal     Replacement card     Change of information

Please print clearly. All information must be legible and filled out correctly for your membership to be processed.  
Please fill out one form per person.

Today's Date: \_\_\_\_\_ Membership number: \_\_\_\_\_

First Name: \_\_\_\_\_ Family Name: \_\_\_\_\_

Postal Address: \_\_\_\_\_ Suburb: \_\_\_\_\_

City: \_\_\_\_\_ Post code: \_\_\_\_\_ Occupation: \* \_\_\_\_\_

\*We are required to collect and keep your occupation on file by the Incorporated Societies Act 1908.

Telephone number (Home) \_\_\_\_\_ (Mobile) \_\_\_\_\_

Email: \_\_\_\_\_ Tick if under 18:

Tick if you prefer to receive all future communications from us via post rather than via email:

Society Name (if any): \_\_\_\_\_

Group name (closest geographical Barony, Shire, etc.): \_\_\_\_\_

<b>Membership type and duration:</b>	<b>1 year</b>	<b>3 years</b>
Membership + e-Pegasus (PDF) **	<input type="checkbox"/> \$15	<input type="checkbox"/> \$30
Membership + posted print Pegasus	<input type="checkbox"/> \$40	<input type="checkbox"/> \$105
Replacement for lost card	<input type="checkbox"/> \$5	

\*\* To receive e-Pegasus, you must provide a valid email address. You will be emailed directions to access your electronic subscription.

**Payment Method:**     Cheque Enclosed     Internet Banking

**I declare that the information given is true and correct:**

Signed (please use legal name): \_\_\_\_\_

### Payment information:

- Please do not post cash. Sorry, we are unable to accept credit card payments.
- **Paying by cheque:** make cheques payable to Society for Creative Anachronism (NZ) Inc.
- **Paying by Internet Banking:** make the payment to SCA (NZ) Inc, account number 38-9010-0099412-00. Place your surname in the reference field, then print out and attach the receipt page to this form once your payment has gone through. Failure to attach proof of payment can delay your membership being processed by as much as a month – so please don't forget!

If you have queries about this form or your membership, please feel free to contact the Registrar, Elizabeth Kent, at [registrar@sca.org.nz](mailto:registrar@sca.org.nz). For urgent matters, phone the Registrar at (03) 960 0452 between the hours of 9am-9pm.

Information you provide on this form will be kept on file by the SCA (NZ) Registry according to the Privacy Act 1993, and may be shared with Kingdom Officers and affiliated SCA corporations as needed. If you believe we hold incorrect information, contact the Registrar directly for a copy of your details. Use this form to update your information by ticking the box labelled 'Change of information'.

Subscriptions other than to Pegasus, the Lochac Kingdom newsletter, are NOT available through SCA (NZ). Contact the US registry directly to subscribe to Complete Anachronist, Tournaments Illuminated or other Kingdom newsletters. Send this form with payment to: SCANZ Registrar, C/- 24 Meadowville Ave, Spreydon, Christchurch 8024